

The Wellness Community is in your Community

- ▶ *Come learn about cancer*
- ▶ *Share experiences with others who understand*

Mercy Philadelphia Hospital Radiation Department

Iris V. Henderson Conference Room

501 South 54th Street, Philadelphia, PA 19143

- ▶ **Support Group** *Tuesdays, July 6th, 13th, 20th & 27th, Aug. 3rd, 10th, 17th & 24th - 9:30 - 11:00 AM*

Einstein Hospital Cancer Center

5501 Old York Road, Philadelphia, PA 19141

- ▶ **Support Group** *Wednesday, July 14th & 28th, Aug. 11th & 25th - 10:00 - 11:30 AM*

Temple Cancer Center

Ambulatory Care Center, 4th Floor

Broad and Tioga Streets, Philadelphia, PA 19140

Thursday, July 8th & 22nd, Aug. 12th & 26th - 1:30 - 3:00 PM

- ▶ **Writing Your Way Through Cancer** a 4-part series
Expressing your thoughts and feelings through writing is known to be healing. In this 4-part workshop with Janet Falon, MLA, you will have the chance to try a variety of writing techniques, including journaling, to support yourself as you deal with cancer. *No experience required!*

Please call us for additional information at 215-879-7733.



The mission of The Wellness Community is to help people affected by cancer enhance health and well-being through a professional program of emotional support, education, and hope. All programs and services are provided free of charge.