

The mission of The Wellness Community is to help people affected by cancer enhance health and well-being through a professional program of emotional support, education, and hope. All programs and services are provided free of charge.



Strength for Families

♥ *Caregiver Programs* ♥

The Wellness Community recognizes cancer as an illness that impacts an entire family. Our programs for people with cancer are also open to those who provide emotional support and physical care.

In addition:

Family and Friends Groups

offer an opportunity to meet with others to learn how to help a loved one with cancer and to manage the stress of care-giving.

No RSVP needed.

In Philadelphia:

Family and Friends meets **weekly** - Wednesdays, 10:30 AM - 12:30 PM
and **monthly** - Tuesdays, 6:30 - 8:00 PM

In Lansdale:

Family and Friends meets **monthly** - Thursday 6:30 - 8:00 PM

(Please check calendar or website for dates)

215-879-7733 • www.twcp.org

The Wellness Community of

Philadelphia

**The Suzanne Morgan Center at Ridgeland
Chamounix Drive, West Fairmount Park
Philadelphia, PA 19131**

Lansdale Satellite:

**The Anne McCouch Center
1000 West Main Street, Lansdale, PA 19446
215-393-9105**